

Editorial

Step by step, one edition at a time, a continuous restart exploring ideas and overcoming challenges to improve the journal. The Editorial Team proudly presents to readers the second issue of volume 19 of RCFMC, whose cover design for this edition was inspired by the second article. This issue comprises seven articles, including two original research papers: one focused on hospital management, which evaluates the performance of the hybrid multicriteria AHP/PROMETHEE model for the acquisition of mechanical ventilators for private hospital units, and another dedicated to Lifestyle Medicine, analyzing smoking habits and the quality of life among medical students at a university in Brazil's Midwest region. Three review articles complete this edition: one examines the relationship between the use of combined oral contraceptives and venous thromboembolism, proposing preventive measures to minimize this risk; another delves into the pathophysiology of Carpal Tunnel Syndrome, including its prevalence, clinical presentation, diagnosis, treatment, and prognosis; and a third review explores alternative therapeutic regimens for trichomoniasis caused by metronidazole-resistant strains of *Trichomonas vaginalis*. Finally, two case reports are included: the first describes a young patient with a rare Spiegel hernia, characterized by vague and nonspecific symptoms, and the second details an elderly patient with hemichorea-hemiballism associated with hyperglycemia. We conclude this editorial by expressing our heartfelt gratitude to all those who contributed to this edition: to the Fundação Benedito Pereira Nunes - Faculdade de Medicina de Campos, for ensuring the regularity of these publications, with free submission and unrestricted access to all articles; to the editorial team, for their unwavering commitment and dedication at every stage of the process; to the reviewers, whose critical insights, rigor, and generosity ensured the quality of the articles; to the authors, for sharing their research, which enriches scientific discourse; and finally, to our readers, whose interest and support are vital for the dissemination of scientific knowledge—the driving force behind our efforts.

Happy reading and thoughtful reflection!

Valmir Laurentino Silva
Editor-in-Chief