

**We celebrate 20 years** of history, maintaining our vision of promoting **quality science** and continuing to contribute to the progress of **health and well-being**.

**We deeply thank the editors**, whose **commitment and dedication** have been essential to the continued **success of our journal**.

Next to them, the five editors of RCFMC: Dr. Regina Célia de Souza Campos, Dr. João Tadeu Damian Souto Filho, Dr. Shaytner Campos Duarte, Dr. Inez Barcellos de Andrade, and Dr. Valmir Laurentino Silva.



## Editorial

In this commemorative volume, we celebrate 20 years of the Scientific Journal of the Faculty of Medicine of Campos (RCFMC). Throughout this journey, we take pride in having been a space dedicated to the dissemination of scientific knowledge, the exchange of ideas, and the strengthening of research in the field of health. This moment serves as an opportunity to reflect on the entire path built through the effort and passion of many people who have been, and continue to be, part of this story.

We express sincere gratitude to all contributors: to the authors for sharing their research; to the reviewers, whose critical and constructive insights helped enhance each article, ensuring the excellence and credibility of our publications; to the editorial teams who have guided all editorial processes, ensuring that each edition reflected the scientific rigor and relevance that characterize us; to the technical teams, whose tireless work in production, revision, layout, and technical support was essential for ensuring that things happened efficiently and in an organized manner; to the research coordinators for encouraging and promoting scientific investigation and for implementing the culture of scientific thinking in our Faculty; to the directors, for their commitment to the continuity of uninterrupted editions of a journal with free submission and open access publications, creating opportunities to share and access quality information without financial or access barriers; and to the chief editors featured on the back cover of this edition—Dr. Regina Célia de Souza Campos, Dr. João Tadeu Damian Souto Filho, Dr. Shaytner Campos Duarte, and Dr. Inez Barcellos de Andrade—who, over these two decades, have been essential in building and improving our Journal, each contributing with their expertise, dedication, and enthusiasm, furthering the credibility, quality, and innovation that today represent our publications.

In its 20 years of existence, the RCFMC has accompanied the evolution of the Faculty of Medicine of Campos, reflecting the transformations and advancements in the training of health professionals and scientific production, both from local faculty and students and from teaching and research professionals across all regions of Brazil. Over time, the Journal has gone through phases of growth and renewal. Strengthening partnerships, adopting digital platforms, and inclusion in indexing directories of peer-reviewed scientific journals have provided greater visibility and accessibility to the publications. Currently, RCFMC continues its efforts to broaden its reach and impact, reflecting the Journal's commitment to education, research, and innovation in the field of health.

In this commemorative volume, we present eight articles that illustrate the diversity of the multidisciplinary field of health sciences and related areas: one original article, which analyzed the epidemiological profile of patients with chronic kidney disease undergoing hemodialysis at a reference clinic in the interior of the state of Minas Gerais; five review articles, including one addressing bibliometric indicators of pediatric bronchiolitis using the peer-reviewed literature database—Scopus, another analyzing the influence of the COVID-19 pandemic on maternal health and neonatal repercussions, another discussing drug-food interactions in individuals requiring continuous medication, and one investigating the impact of extracurricular activities on mental health and academic performance of medical students; finally, three case reports, one discussing the therapeutic management of severe infection caused by multidrug-resistant *Acinetobacter baumannii* in an intensive care unit patient, another highlighting the complexity and phenotypic diversity of tuberous sclerosis diagnosed in adulthood, and the last describing a case of Wilms tumor, presenting clinical, surgical, and postoperative aspects and emphasizing the need for early diagnosis for therapeutic success.

Furthermore, we could not fail to express our deep gratitude and affection to our readers, who have been the foundation and the reason for this Journal. Thank you for being part of this journey of discoveries and achievements!

Congratulations to everyone!

**Edilbert Pellegrini Nahn Junior**  
General Director

**Thais Louvain de Souza**  
Research Coordinator

**Valmir Laurentino Silva**  
Editor-in-Chief